



St. Anthony Catholic School

5K/10K Run & Honor Walk

Saturday, May 26, 2018

Join us to honor our country's service men, women, and their families in the annual Run for the Heroes! Simply Timing LLC will coordinate our race and both the 10K and 5K courses are certified. Run for the Heroes is designated as a **Pee Dee Grand Prix event**. Awards will be given to the Overall Male and Female in 5K & 10K, Masters 5K & 10K and the top 3 male and female racers in each age division.

**Event Schedule**

Friday, May 25	4:30 - 6:30 PM	Early Packet Pickup/Registration	St. Anthony School Library
Saturday, May 26	6:30 AM	Packet Pickup/Registration	St. Anthony Catholic School
	7:30 AM	Memorial Day Military Tribute	
	8:00 AM	Race	

*Red, White, & Blue Pancake Breakfast and Awards will immediately follow the event.*

**Entry Fees**

Race/Walk	Military	Register by May 18	Register after May 18
10k	_____ \$20.00	_____ \$35.00	_____ \$40.00
5k	_____ \$15.00	_____ \$25.00	_____ \$30.00
<b>Honor Walk - Individual</b>	_____ \$15.00	<b>Honor Walk - Family</b>	_____ \$30.00

Name: \_\_\_\_\_ Age: \_\_\_\_\_ DOB: \_\_\_\_\_ Gender: \_\_\_\_\_

Email: \_\_\_\_\_

Phone Number: \_\_\_\_\_ \*\*Adult T-Shirt Size: XS S M L XL 2XL

**\*\* All 5k and 10k participants registered no later than May 7<sup>th</sup> will receive a race t-shirt. \*\***

Please make checks payable to St. Anthony Catholic School, 2536 Hoffmeyer Road, Florence, SC 29501.

Proceeds will benefit St. Anthony School with a portion to benefit the local American Red Cross.



**Waiver and Release of Liability (must be signed for each registered participant)**

- In consideration of the acceptance of this entry, I hereby, for my heirs, executors and assigns, release and discharge the sponsors and operators of the St. Anthony Catholic School 5k/10k and Honor Walk and their agents, employees and volunteers from any and all claims and damages suffered by me as a result of my participating in or traveling to or from said event held on May 26, 2018. I specifically release and discharge said operators and sponsors from all injuries or damages arising from or contributed to by any physical defect that I may have, whether latent or patent, and agree that they are under no obligation to provide a physical examination or other evidence of my fitness to participate in such an event, the same being my sole responsibility. I also give permission for the free use of my name and picture in any broadcast, telecast or other written account of the event. I also understand that the entry fee is non-refundable for any reason.
- I have been informed that I should consult a physician concerning my participation in an exercise program and obtain from a physician, advice as to how I should participate in relationship to my state of physical condition. I either have obtained such advice from a physician or acknowledge that I have decided to participate in exercise programs without obtaining the advice of a physician.
- I understand the waiver and release of liability above are stated in broad terms. If portions of this waiver and release of liability are held invalid, the remainder will continue in effect.
- I have read this waiver and release of liability and understand the rights I am giving up by signing it.

Signature (Guardian if under 18): \_\_\_\_\_ Date: \_\_\_\_\_